

#### Headteacher: Mrs Zoe Beach BA (HONS) NPQH DFE #: 8412008

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## SEN newsletter - Spring 2020















## A chance to share!

At Northwood Primary we strive to ensure we are meeting the needs of all pupils. In order to do this, we want to make sure we keep parents and carers aware of what support is available for SEN pupils, both in school and within the local area.

Our SEN newsletters will be sent home termly and will hopefully allow us to provide parents/carers with useful information.



## Are you coming to our Listening Morning?

We would love to listen to your thoughts and opinions about what we could do to further support you or your child. This is also an opportunity for you to talk to other parents and carers with similar experiences, ask questions and enjoy a treat made by the children.

Come along on the morning of Tuesday 3rd March 2020 and meet Miss Robinson, Miss Douthwaite and Mrs Popple for our first Listening Morning! See you there ©

## Remember ...

Our school website offers a range of information on our school SEN offer, and what is available in the local community, through the local offer.

https://www.northwoodprim ary.org.uk/send



## Remember...

Our school SENCo, Miss Robinson, can always be contacted through the school office. The best time to catch Miss Robinson in person is on a Monday or a Tuesday.

## Kooth

Kooth is a safe, anonymous online support for young people aged 11-18 years, who may be experiencing worries or anxieties. It offers videos or articles for young people to read, written by other young people, and provides activities to support individual concerns. Young people can also chat to one of their counsellors, and access a set a 6 counselling sessions. This is all done online, and tailored to meet individual needs.

More information can be found at <a href="https://www.kooth.com/">https://www.kooth.com/</a>



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## Have you heard about DASH Play Scheme?

# Run by Darlington Association on Disability (DAD).

DASH provides several inclusive play and leisure schemes throughout the school holidays to disabled and non-disabled children.

The play schemes run through the school holidays and offer a wealth of activities and opportunities for children including outdoor learning, trampolining, cinema, theatre trips, sports activities and more!

For more information visit



https://www.facebook.com/Darlington-Association-on-Disability-



**Little Treasures** offer sensory sessions, Lego sessions and parent support sessions to parents of autistic children aged 2-16, we also support parents if children on the pathway for assessment and children who have been assessed but didn't meet the criteria for a diagnosis.

Find out more at https://www.littletreasuresautism.co.uk/

### Don't forget...

We are still working closely with CAMHS and can offer 1-1 and small group sessions for children and their parents in school if you feel your child is suffering from anxiety or low mood through our Primary Wellbeing Practitioner. These sessions happen on a Tuesday afternoon.

## Darlington CAMHS



### Where Young Minds Matter

CAMHS work together to promote a sense of wellbeing, by helping children and young people up to the age of 18 and their families to cope with any difficulties they may be experiencing.

Parents/carers can refer directly to CAMHS, by phoning 01325 736350

In a crisis parents can contact CAMHS 24/7 using this phone number - 01914415733

### In our next Newsletter:

Top tips on how to best support your child's speech and language at home.